



Pedal America Executive Producer and Host, Ira David





What is *Learn to Ride*? What is *Traffic Skills 101*? What is *Legal Aspects of Riding*?
How do I know if I'm ready for a course? How do I register for a course?

What is *Learn to Ride*?

These private lessons teach children (10 and older) and adults how to ride a bike. You'll learn how to balance, start, pedal, stop, turn, and shift gears successfully. Individual sessions are one to two hours long. Learning to ride a bicycle is fast and easy especially for adults. Learning time varies from person to person, but typically students learn to ride in two to three hours.

What is *Traffic Skills 101*?

This course refines and refreshes your bicycling skills so you can ride with confidence. Whether you use your bike for fitness, commuting, touring, riding in a group, or leisurely enjoying your local multi-use bike path, the skills you learn will boost your confidence while riding.

Whether you are a beginning or experienced cyclist, *Traffic Skills 101* offers something for everyone. Some of the topics covered:

- Finding the Right Bike for You
 - Properly adjusting your bike
 - Clothing and Equipment
 - Pre-ride Safety Check
 - Basic Maintenance and Fixing Flats
 - Shifting for Comfort and Safety
 - Avoiding Crashes
 - Riding Safely in Traffic
 - Trail Etiquette
 - Essential Bike Handling Skills and Emergency Maneuvers (in-class and on-bike)
 - Supervised Traffic Cycling Practice (on bike)
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Why learn through Pedal America?

Pedal America promotes bicycling as an all-inclusive activity. We create opportunities for people to learn and ride together! Plus, all our certified LCI's offer a safe and fun learning environment.

What is an LCI?

LCI stands for League Cycling Instructor. Every instructor who works under the Pedal America brand has gone through extensive training and passed the intensive LCI course administered by The League of American Bicyclists (www.bikeleague.org). Our instructors are certified to teach both children and adults. All LCI's are covered by The League's liability insurance.

When are classes held and what do they cost?

Most classes take place on Sundays and Saturdays. We can also arrange classes for some weekdays.

Traffic Skills 101

Classes are held throughout the year. On-bike classes are held April through mid-November as weather permits.

The course includes two parts: an in-class lesson; plus, an on-bike bike handling skills lesson and road ride.

Cost:

Part I only

- Live 4-hour in-class: \$75 per student / 3-12 students (includes \$5 for printing of materials)

Parts II only

- On-bike: \$75 per person / 3-4 students per class

Parts I and II

- After completing Part I, pay only \$55 for Part II / 3-12 students per class

Each session must have at least 3 students. Students should plan to register at least two weeks prior to taking the course.

2017 Dates

November 11th

(11:30 am - 4:30 pm)

Location

Galway Arms Tavern

2442 N. Clark Street (Top Floor)

Chicago, IL 60614

Learn To Ride

Classes are typically held on Saturdays and Sundays, mid-April through early November as weather permits.

- \$65 per student, per hour.
- Two-hour minimum for first lessons (adults)

Learn To Ride classes are private. Students should register at least two weeks ahead of time.

Please call us before registering for LEARN TO RIDE lessons.

Available dates for Learn To Ride are listed on the registration form.

No refunds.

Rain-outs are rescheduled.

How do I enroll?

[CLICK HERE TO REGISTER](#)

Enroll with PayPal. For more information, please call 312-961-5308 or email us at comments@pedalamerica.com. Please write "Learn To Ride" or "Traffic Skills 101" in the Subject line.

Please call us before registering for LEARN TO RIDE lessons. We look ahead to teaching you!

Ride Safely,

Ira David